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APPENDIX C

No. 71-9622

WILLIAM DONALD KELLEY, et al,
Petitioners,

v.

THE TEXAS STATE BOARD OF MEDICAL EXAMINERS,
Respondent.

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Attorney for Petitioners,
William Donald Kelley, et al.

ONE ANSWER TO CANCER

Doctor William Donald Kelley

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The Kelley Research
Foundation
P.O. Box 98, Grapevine, Texas 76051

ONE ANSWER TO CANCER

AN ECOLOGICAL APPROACH TO THE SUCCESSFUL TREATMENT OF MALIGNANCY

by William Donald Kelley, D.D.S., M.S.

THE KELLEY RESEARCH FOUNDATION
1969

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THIS BOOK
IS
DEDICATED TO

YOU, WHO HAVE PRAYED FOR RELIEF FOR YOURSELF, YOUR LOVED ONES, OR FRIENDS. THIS IS WRITTEN THAT YOU MAY TELL THEM THAT YOUR PRAYERS HAVE BEEN ANSWERED – AND THAT ALL IS WELL .....

AND SO IT IS.

PREFACE

HEALTH is a wonderful possession. It does not last forever – although most of us assume it will. It is not until we lose our health that we seek diligently to regain it. Often it is too late, and always too expensive.

It is the purpose of the Kelley Research Foundation to help those who desire better health and who are willing to work for their better health. It is ever the objective of the Foundation to treat the person who has the disease, not to treat the disease who has the person.

It is our desire to advise, teach, and counsel a person in such a way that he and he alone is responsible for his health. A doctor cannot cure you of anything. If you have a broken arm the physician may set it – but only you – your own body – may "cure" or heal the break. Of course, during your lifetime you will need the help of many in the healing professions: the physician, the dentist, the osteopath, the chiropractor, the naturopath, the biochemist, the nutritionist, the nurse, the therapist; and last, but not least, the spiritual counselor. Although these may give you aid, you must assume the responsibility of accepting and following their advice.

In researching some of the more complex disease processes, it became more and more evident to us that cancer was a simple deficiency disease. We have proven this to our own satisfaction, and to the satisfaction of many patients.

This publication is a simplified, condensed, practical application of our investigations and findings. We present these findings because there have been so many prayers unto God for a solution to this simple problem. In the long run, YOU, the people, will have to gently guide the medically trained men to accept such a simple thesis on cancer.

To successfully treat cancer, however simple, is a tedious and lengthy nutritional process. It is not expensive as compared to the "accepted" surgical, radiological, or chemo-therapy methods, and has proven very effective.

It is our desire that this booklet be a helpful aid to many who are themselves or have loved ones afflicted with malignancy.

P.O. Box 89
Grapevine, Texas 76051
December 1967

William Donald Kelley

CHAPTER I

"PHYSICIAN HEAL THYSELF"

Jesus the Christ said, "Physician Heal Thyself." What is the true teaching behind this beautiful saying? What was Jesus really trying to say? It involves the true meaning of cure – cure for anything. It is so often said, "I went to Dr. Jones and he cured me." Nothing could be further from the truth. No matter how many years a doctor has gone to school, no matter how many college degrees he may have, a doctor can cure only one person – HIMSELF. It is important that you understand that only you can cure you of anything!

It is you and your body chemistry that cures you of your disease. In doing this you must take note that you are physical, mental, and spiritual; each facet plays a part in your cure. Your physician or clinician can only bring to your attention some of the basic laws of God concerning health. Unfortunately many clinicians do not know the laws of God concerning health, even though they are honest and sincere and ever try their hardest.

God's Law of Gravity is in effect when you jump off a 21-story building, whether you understand that before you jump or not. You will surely plunge to earth with such force that it will destroy you unless you involve another law of God counteracting the Law of Gravity.

In light of Jesus' teaching, "Physician Heal Thyself," I can truthfully say that I have cured or healed myself of cancer (malignancy). I can cure myself again if it ever becomes necessary. Better still, I have learned God's Law of Health concerning malignancy (cancer) and I will ever invoke this Law that I will not have the disease again.

Although I am a clinician, I have no intention of treating anyone for cancer. I am even more than the clinician – I am the *teacher*. It is, therefore, the purpose of this publication to instruct you in God's Law concerning malignancy (cancer), and to teach you the mechanics of invoking this Law that you might have a body free of the dread affliction.

I call unto Yāhweh, God, I AM that I am, to bless this publication – to send it forth to those who have the wisdom and need to use it. I trust that you, with God's help, will Damn malignancy (cancer) from all human beings and send it back unto Universal energy, its proper place in God's Kingdom.

I had cancer three years and seven months before it ever dawned on me. At the height of the cancer I had only three weeks and five days to live. If I had not discovered God's Laws concerning cancer and applied them very diligently, I would not be here to share this information with you.

There is a saying in our medical world, "He who treats himself has an idiot for a patient, and a fool for a physician," and this may be true, but I would rather heed the advice of Jesus, "Physician, Heal Thyself." The scriptures seem to have more truth and work better for me.

With few exceptions, by the time one discovers he has cancer, he has had it for a very long time. This was true in my own case. Now that I know all the true early signs of cancer, I also know that I was being warned a long time before my case became clinical.

From time to time I would notice that I would belch a little gas – I didn't give it much thought – just supposed that I had eaten a little too much. A few months later I began to pass gas – a little at first – but finally it became so bad that it became embarrassing to me and my family as well. My first warnings.

My hobby is Antique Automobiles. One trip we made to Colorado in our 1923 Cadillac, I noticed that at dusk I found it difficult to read the road signs. I had to be right up to them before they became legible. I still didn't have the good sense to even suspect cancer, and didn't give it much more thought until two months later when I was showing my slides and movies to the Antique Automobile Club. I couldn't seem to get the pictures to focus. I thought I had damaged my camera, but the club members said that the pictures were very clear and that I had better have my eyes checked.

Finally, I gave in and made an appointment with the Opthamologist for an eye examination. To my horror he prescribed bi-focals. My protests that 35 was too young for bi-focals were for nought, and I could see my pictures and road signs better. My second warning.

Things went on about the same for 3 or 4 months; when I began to notice that if I sat in one position for more than 20 minutes I would have muscle aches – particularly in the back. My physician, after several visits, finally gave me a muscle relaxant; and I was still too naive to suspect cancer. The medication didn't help much, and in another month or so I began to have pains in my chest. This, of course, scared me considerably, and I rushed to the physician once more.

Over the next few months several electrocardiograms were made and nothing out of the ordinary showed. It couldn't, because the pain was from the chest muscles – a wonderful sign of cancer – but, as usual, I was oblivious to the true early warning signs. My third warning went unheeded.

A long, long horrible period of mental depression followed. Another early true warning sign that cancer is rearing its ugly head. I even went to my physician and begged for help and asked for an antidepressant drug. By this time he was fed up with me, and he sat me down and carefully explained that there was nothing wrong with me. My heart was better than his; it was time for me to stop worrying about it; after all, it was only in my mind.

As cancer progresses it gives off a poison that makes one very depressed and there is a feeling of impending death most of the time. Gradually, during the entire three years of early cancer growth in my body, I became weaker and weaker. By this time I knew something very tragic was taking place, but I did not know what, and still did not have the good sense to even suspect cancer.

My job, the work I loved so very much, became distasteful. I wanted to give up – start a new profession – anything to try to regain an interest in life. After 14 years of college training for a job I loved to do, I was contemplating junking it all. After eight years of clinical practice and research, I found myself ready to throw in the towel. It is quite a terrible feeling to be so sick and not be able to understand why or put a name on it. My thinking became fuzzy, unclear, irrational. A fourth warning, and still no suspicion of the culprit!

During these several months of extreme depression, my hair began showing signs of lifelessness, becoming brittle and coarse. I was losing some and what was left was fast becoming grey. (Warning five also escaped my attention.)

Also, at this time I developed a hernia which is typical of those who have a long, slow malignant growth.

I was feeling so badly that I reluctantly returned to my physician. He admitted that there might be something wrong with me and sent me off to a specialist. After many tests and three months' time, he made the suggestion that I have my pancreas biopsyed. This was quite a shock to me, and it then dawned on me the true condition of my body.

Although I had been doing cancer research for several years, it never occurred to me that I could have the condition. Of course, only the cancer victim can understand the fear and despair that over-

whelmed me. This even hit me harder than the average, because I had been studying and researching the details of cancer and had a firsthand insight into the horror of horrors.

When I had felt so badly a year or so earlier I did add to my life insurance program a sizable sum, and felt that my wife and children could make it for a few years after I was gone. I felt so bad – knew so much – and had no hope at all.

By this time I had found a very reliable bio-chemical test for the early detection of cancer. I'll never know why I wasn't among the first to be tested. Probably I was afraid, since nothing could really be done.

As soon as I realized my true situation, I decided not to take any new patients and prayed that I had time to complete the work with the patients under my care. It took me about two weeks to overcome the shock and accept my fate, although I did not like it at all. Then I decided to run our bio-chemical test on my own family. The results were deeply shocking. My wife, two of my three children, and my mother had cancer, also.

I changed my mind and decided not to accept an early death as my fate, and accepted instead my fate of life and my duty to teach others God's Laws concerning cancer as they were revealed to me over the next few years as I applied these Laws to myself and those who asked my guidance.

The story of how all this developed would take days to relate, so I will only teach you the Laws and the mechanics of applying them. After all, this is all that is necessary. I don't have to know how many bolts are in my automobile to be able to drive it and apply the proper laws and principles.

Cancer, then, is nothing more than a simple deficiency disease. You cannot have cancer if an adequate amount of active pancreatic enzymes reaches the site of the malignancy. It is just that simple. The true early signs of cancer are the signs of inadequate protein metabolism.

True Early Signs of Cancer

1. Gas on stomach or bowel.
2. Sudden weakness of eyes.
3. Tired feeling most of the time.
4. Muscle weakness and cramps – first in back then in chest.
5. Extreme mental depression.
6. Sudden change in hair texture, color.
7. Development of various hernias (only in slow growing tumors).

CHAPTER II

CANCER IS A DEFICIENCY DISEASE

NO PERSON NEED EVER HAVE A CLINICALLY SIGNIFICANT CANCER – LET ALONE DIE FROM IT!

The organized medical profession is spending well over one million dollars each day in the United States alone, to find a "cure" for cancer, and has never seriously investigated the possibility that cancer could be a deficiency disease.

Actually, the presence of a malignant tumor in an individual indicates that he has a deficiency of active pancreatic enzymes. Because most people are familiar with diabetes, and because cancer is so similar, we use this analogy:

1. Diabetes is a disorder of carbohydrate metabolism due to inadequate production or utilization of insulin. Malignancy is a disorder of protein metabolism due to inadequate production or utilization of enzymes.
2. Insulin is produced in the pancreas. Enzymes are also produced in the pancreas.
3. Insulin production is controlled by a neurological process. Enzyme production is controlled by a neurological process.
4. Diabetes can be determined or verified by a simple urinalysis. Cancer can be determined or verified by a simple urinalysis.
5. The amount or severity of diabetes can be determined by an urinalysis. The amount or severity of cancer can be determined by an urinalysis.
6. Diabetes can often be controlled by diet alone. Cancer can often be controlled by diet alone. (See Chapters VI, VII, VIII.)
7. Diabetes can almost always be controlled by the proper dosage of insulin. Cancer can almost always be controlled by proper dosage of enzymes.
8. A diabetic can live a long useful life and never die as the result of diabetes. A cancer victim can live a long useful life and never die as the result of cancer.
9. A diabetic *must* control his diabetes the rest of his life by diet or medication or a combination of both. A cancer victim *must* control his cancer the rest of his life by diet and/or dietary supplements.

10. The diabetic and the cancer victim alike must seek professional help to determine and regulate the condition, but it is up to the individual to administer to himself the proper diet and missing medications and/or supplements.

Let us summarize by restating: MALIGNANCY INDICATES AN ACTIVE PANCREATIC ENZYME DEFICIENCY.

CHAPTER III

WHAT IS CANCER?

Cancer is a term used by the Medical Professions to classify both the fast growing malignant tumor, and the slow growing benign tumor.

Because we have not researched extensively the benign tumor, or rather because we offer no therapy for the benign tumor, we will exclude it from further consideration in this treatise.

We are, however, vitally interested in the fast growing malignant tumor which, if allowed to grow unchecked, will cause death. It is this type of growth which we refer to as cancer in this booklet and to which our therapy is applicable.

Today most clinicians have the mistaken belief that cancer is complex; a number of different diseases, each having its own cause. Nothing could be further from the truth. When one studies the history of a disease he finds a developmental pattern:

First, it appears to be many different diseases, depending upon which organ or part of the body is attacked. (Leukemia – cancer of liver, etc.)

Second, it seems to be caused by many different things.

Third, eventually someone discovers apparently the different diseases are in truth one disease.

Fourth, someone else figures out that since there is only one disease, there must be one cause.

Fifth, everyone thinks he has found the cause.

Sixth, there is a long period of trial and error where everything from snake oil to cobalt is "the cure."

Seventh, someone really finds the simple solution – usually on his own and independent of institutional or governmental grants and controls.

Eight, this individual spends the rest of his life, "Crying in the Wilderness," like a prophet trying to get organized medicine to freely take and use his ideas or cure. But, because it is so simple, organized medicine ignores him and refuses even to consider it until

Ninth, a promoter, usually a large drug company, sees a chance to make a large fortune.

Tenth, the drug company then runs a pseudo-study of 28 or 74 cases and announces a great discovery.

Eleventh, the drug company rushes many salesmen with free samples to the doctors' offices.

Twelfth, the doctor is a hero, the drug company is wealthy. Finally the remaining patients are cured, and everyone is happy.

Many are old enough to have watched this development of a "cure." Particularly, this has been true of tuberculosis, rickets, diabetes, polio, and the infectious diseases.

Most doctors, even the research scientists, suppose cancer is caused by such things as viruses, X-rays, smoking, chemicals, sunlight, trauma, etc. These, sometimes, are an indirect cause. The direct cause, according to our research, is the changing of an ectopic germ cell into an ectopic trophoblast cell. An excess of female sex hormones brings about this change. Both men and women have male and female sex hormones. When this delicate male-female sex hormone balance is upset, cancer may start.

Let us explain this a little further. In the human life cycle the male sperm unites with the female egg. Now if this fertilized egg would grow directly into a new baby, we would have no cancer or cancer problems; but nature does not act so simply and directly, for if she did, the newly formed embryo (baby) would fall out of the uterus. Therefore, nature had to develop some way to attach the new embryo to the wall of the uterus and some way to nourish (feed) it.

Actually, therefore, the fertilized egg gives rise to three basic kinds of cells: (1) Primitive germ cells. (2) Normal body or somatic cells. (3) Trophoblast cells.

The egg is fertilized by the sperm in the fallopian tube of the mother. By the third day this fertilized egg has fallen into the uterus. During the three days and for many days thereafter, the trophoblast cells (cancer cells) are growing very rapidly and surround the other two types of cells (primitive germ cells, and normal body or somatic cells).

This new baby will fall out of the uterus unless something happens fast, and happen it does. The trophoblast cells metastasize (as cancer does) to the wall of the uterus. Now the baby cannot fall out of the mother's uterus, but it needs nourishment. The trophoblast cells (cancer cells) continue to grow rapidly and form the placenta. Now with a good food supply and no danger of falling out of the mother, the baby (embryo) can continue to grow, safe and sound, until birth.

The placental trophoblastic tissue (cancer mass) continues to grow until about the seventh week when the baby's pancreas develops.

The baby's enzyme production along with the mother's enzyme production stops the growth of the placental trophoblastic tissue.

As the new embryo (baby) is being formed from the normal body or somatic cells, the primitive germ cells are multiplying. In a few days when the embryo (baby) develops to the proper stage, the primitive germ cells stop multiplying and begin to migrate to the gonads (ovaries or testes).

There are about three billion of these primitive germ cells that fatigue and never have the vital force necessary to reach the gonads. This means that there are two germ cells for every area the size of a pin head dispersed throughout your body. Any one of these germ cells is a potential cancer. This is why cancer can form in any part of the body. All that is needed is an imbalance of sex hormones and the embryonic destiny of these basic germ cells. The imbalance of sex hormones can take place at any time, but usually it occurs between 45 and 60 years of age.

When it is all said and done, cancer is a normal growth of tissue (placenta) due to the development of a basic germ cell in the wrong place (outside of the uterus). Sometimes this placenta also has a "baby" or benign tumor inside of it much like a normal pregnancy — only it is in the wrong place.

Malignancy, therefore, is never normal (somatic) tissue gone into wild proliferation, but a normal primitive germ cell growing normally in the wrong place.

CHAPTER IV

DO I HAVE CANCER?

"Do I have cancer?" Often doctors are reluctant to tell patients they have a malignant tumor. The shock is sometimes more than the patient can psychologically accept. Many patients act irrationally due to fear and hopelessness, built up by organized medicine.

With our present knowledge of malignancy, a cancer victim should rejoice at the early diagnosis, because no one need ever die from cancer.

How, then, do you obtain an early reliable diagnosis? Before we can answer this satisfactorily, we must look at the present chaotic state of accepted diagnosis.

CLINICAL JUDGEMENT

Clinical judgement is the most widely used method of cancer detection, especially since the public has become aware of "Cancer's Seven Danger Signs." People who call these signs to the attention of their physicians are a great help in preserving their own life.

"Cancer's Seven Danger Signs."

1. Any sore that does not heal.
2. Lump or thickening in breast or elsewhere.
3. Unusual bleeding or discharge.
4. Any change in a wart or mole.
5. Indigestion or difficulty in swallowing.
6. Hoarseness or cough.
7. Any change in normal bowel movement.

At the very best, clinical judgement is inadequate because by the time a tumor is clinically significant it is many months old.

BIOPSY

After the physician suspects a malignant growth he recommends that a Biopsy be taken and a pathological evaluation be made.

The advantages of the Biopsy are:

1. Type of malignancy may be determined.
2. If total tumor is removed for Biopsy it could be curative.
3. The location of the tumor may be indicated.

The disadvantages of the Biopsy are:

1. It is useless for screening purposes. (Quick-testing of large populations.)

2. Biopsy tells only the degree of the malignancy of the tissue being examined — but tells nothing of other tumors or other metastases in the body at the same time. Many times the physician will take a Biopsy of a breast and tell the patient she has a benign tumor — unknown to the doctor the patient has a fatal malignant tumor elsewhere in the body. Unfortunately both doctor and patient develop a false security.
3. Often when a Biopsy is made it is impossible to determine between a benign and a malignant tumor. In a case of this kind, radical surgery is recommended when there may be no need for surgery at all.
4. Often while making a Biopsy the malignant tumor is cut across which tends to spread or accelerate the growth. Needle Biopsies can accomplish the same tragic result.
5. By the time a Biopsy is evaluated it may be too late for treatment.
6. Biopsies cannot measure improvement or growth of tumors as treatment progresses.
7. After surgery it cannot tell if total cancer has been removed.
8. A Biopsy is not always feasible, and is always inconvenient.
9. A Biopsy cannot determine when a cancer reoccurs until it is very large.
10. A Biopsy cannot tell the total amount of malignant tumor present in the body.
11. A Biopsy employed carefully and in selected cases may do no harm; but if used indiscriminately, it may spread the disease and shorten life.

Under the very best of conditions the accepted methods of clinical judgement and Biopsy are inadequate. This is not specifically the fault of your doctor, for he is doing the best he knows. His education or knowledge is lacking in this area. When some "accepted" drug company or promoter tells him of our better method of cancer diagnosis, he will be the first to accept it, for he knows as well as you do that the entire cancer diagnosis/treatment system is ineffectual.

URINALYSIS

Over 25 years ago urine tests began to be developed which could easily and effectively determine the presence of malignant tumors. Many doctors used them not only in the United States, but in many countries throughout the world. These tests were never universally accepted because:

1. They were not under the control or manufacture of a major pharmaceutical company.
2. The doctors did not know how to properly use them.
3. They were too effective – 98% to 100% correct – which is very high for any laboratory test.

The most notable of these tests were: The Beard Biological Test for Malignancy;[1] The Beard Milk Assay Test; the Beard Anthrone Test; the Navarro Immunological Test; The Raffo Test; and the Sakai and Aron Tests.

These tests were so sensitive they could tell when a malignant tumor was two weeks old. Some tests were developed that could tell if cancer was present from the 2nd to the 14th day. This presented an insurmountable problem. Many people showed a positive test and the physician could not find clinical signs to verify it. The doctors then said the urine tests were worthless.

However, from 6 to 36 months later clinical symptoms would appear. Unfortunately the physicians had already taken their stand against the tests and would not admit their error. Biochemically, then, we can always determine the presence of a malignant tumor before clinical signs appear and many times several years before.

The disadvantages of the Urine Tests were:

1. Location of the malignancy is undetermined.
2. The type of malignancy is undetermined.
3. There is a false positive in pregnancy, some diseases of the liver, and when a patient is being treated with sex hormones.
4. There is a false negative in some diseases of the liver.

The advantages of the Urine Tests were:

1. Very early diagnosis – from 6 months to several years before clinical signs.
2. Measures the improvement or failure of improvement as treatment progresses. It can tell when and if a treatment being used is effective.
3. It is easy to collect the specimen.
4. It is safe and does not spread the disease.
5. If surgery is used any post operative cancer left is easily detected.
6. If malignancy reoccurs it is discovered early.
7. It eliminates any errors due to selection of the wrong tissue, as often occurs in a Biopsy.

1. Dr. Howard H. Beard, 5220 Locke Avenue, Ft. Worth, Texas

8. Cells or tissue are not needed for the test.
9. It is positive for malignant tumors and the benign tumors cannot be mistaken for malignant.
10. It measures the total amount of malignant tissue present in the body.
11. Tests are almost 100% accurate.
12. Eliminates the fear of surgery and the possible error of Biopsy.

KELLEY PROTEIN METABOLISM EVALUATION JNDEX

Although the Urine Tests were biologically perfect and the most significant development in the last 50 years of cancer research, they were clinically misinterpreted and mis-evaluated.

As we researched the subject it became obvious that there was a great need for a clinically useful and significant urinalysis. It was with this end in view that we developed the Protein Metabolism Evaluation Index. This is clinically desirable, and is based on the premise that cancer is a foreign protein. The evaluation indicates kidney function, liver function, pancreatic function, presence of foreign protein, and the amount of foreign protein.

This test can indicate when there is the presence of foreign protein only two weeks old. Every person should have an evaluation every six months. By doing this, a malignancy could not be over six months of age before being detected. This is early cancer detection, and gives the clinician plenty of time to successfully guide the treatment.

We do not claim the protein metabolism evaluation index to be 100% accurate – we do not know of any test that is. We hope it will be widely used for the detection and treatment procedures of malignancy. It will be a wonderful day when this index is universally accepted and used. This is the first step in eliminating the cancer problem.

KELLEY MALIGNANCY INDEX

The most accurate and extensive cancer detection system ever developed is THE KELLEY MALIGNANCY INDEX. This evaluation determines the presence or absence of cancer, the size and growth rate of the tumor, the location of the tumor mass, prognosis of the treatment, age of the tumor, and the regulation of medication for treatment. We prefer to use this system of evaluation and find it far superior to any other method of detection.[1]

1. The Kelley Research Foundation, P.O. Box 89, Grapevine, Texas 76051.

CHAPTER V

ECOLOGICAL THERAPY

The person who has the disease should be treated, not the disease that has the person. We call our system of cancer therapy *Ecological* because the total person and his total environment must be considered in order to give proper treatment. The patient's entire way of life must be changed.

We advise a very comprehensive program. It is extremely effective and rather inexpensive. Those who are willing to faithfully and tediously follow it will be successful. Those who follow it in part or haphazardly will be completely unsuccessful.

Our program is based on the best scientific knowledge available and has been condensed to a simple well balanced system. Ecological Therapy can be compared to a fine watch: each part must be there and be working properly or it does not work at all. Each step of the Ecological treatment must be followed exactly or there will not be any relief of the symptoms.

We have found that halting or stopping the malignant growth is relatively simple. The clinical problem in treating a cancer victim is clearing the body of accumulated toxins. The growth is usually stopped from within 3 hours to 12 days of Ecological treatment, depending upon the amount and method of administration. This is usually noted by a sharp elevation of body temperature lasting about 3 days. Then comes the long laborious period of detoxication. This takes from 3 weeks to 12 months, depending upon the location and mass (amount) of growth. Many cancer victims have had their tumors successfully treated only to die of toxic poisons as the mass is dissolved and excreted from the body: the clinician treated the disease and not the patient, or failed to treat Ecologically.

The prognosis for a cancer victim is very good when the liver, kidney, and lung functions are at least 50% of normal, and an optimistic spiritual attitude is maintained. Unfortunately, we have found many people who have lost hope, or their next of kin have lost hope, to the degree they were resigned to death and refused to try our system of therapy.

We find that the rate of recovery is subject to another law — that of blood supply. If the rate of blood supply to an area is great, recovery is fast. If the blood supply to an area is inadequate, recovery

is very slow. Thus, we find those with leukemia respond quickly, while those with bone afflictions have a much slower response. We have also noted that in tumors of large diameter (three or more inches) the outside diameter is quickly dissolved, but the interior, where there is a lack of blood supply, often takes several months to dissolve. This is a very wonderful thing: the body has time to detoxify and the death rate from toxemia is greatly reduced.

Basically the Ecological treatment involves five essential steps. Each step will be discussed in the following sections.

1. Supplemental nutritional therapy.
2. Detoxification of the body.
3. Adequate, proper, well balanced diet.
4. Neurological stimulation.
5. Spiritual attitude.

CHAPTER VI

SUPPLEMENTAL NUTRITIONAL THERAPY

Cancer is basically a deficiency disease – a deficiency of the pancreatic enzymes. This is a deficiency of the free active enzymes in tissues of the body. There are at least six reasons why enough enzymes are not available to digest the cancer:

1. The pancreas fails to produce an adequate quantity of enzymes.
2. We take into our bodies such large quantities of foods that requite pancreatic enzymes for their digestion that there are none available for the cancer digestion.
3. We may produce enough enzymes, but we fail to take into our diet enough co-enzymes (vitamins) to make the enzymes work.
4. Our bodies produce anti-enzyme factors. These factors keep the enzymes from digesting our own bodies. Sometimes we produce an over-abundant supply of these anti-enzyme factors.
5. Often we produce enough enzymes, but the blood supply to a cancer area is so poor the enzymes we produce are not carried to the area.
6. We may fail to take into our diet enough minerals which are essential to release the enzymes into activity.

The essential thing, then, in treating a cancer patient, is to get the enzyme to the cancer area. We must have enough enzymes there to stop the growth, but not so much that the cancer will dissolve too rapidly and overload the body with toxic poisons.

The Kelley Research Foundation has gathered or compounded seven nutritional supplements which we have found to be essential and effective for successful cancer treatment.

The time element is far more important than you can possibly realize. The supplements should be taken when the body is in the proper alkaline/acid balance. The times indicated are for the vast majority of cancer victims. Unless your individual tests show otherwise, you should make every effort to take the supplements at the exact times indicated.

1. NUTRITIONAL SUPPLEMENT —— A perfectly balanced co-enzyme – vitamin – mineral compound. Lack of the co-enzyme is one of the major causes of enzyme failure.
2. NUTRITIONAL SUPPLEMENT —— a very effective digestant. Most cancer victims have difficulty in digesting and properly

assimilating food. With the Kelley Almond Diet (Chapter VIII) this supplement is essential. The diet is very limiting and as much of the food as possible should be assimilated (taken after meals).

3. NUTRITIONAL SUPPLEMENT —— a concentrated vitamin formula of C, Bioflavonoids and rutin (to be taken every 3 hours while awake). It has been found that most cancer victims have a severe vitamin C deficiency, up to 4500 mg per day.
4. NUTRITIONAL SUPPLEMENT —— a balanced compound of natural organic minerals and trace minerals. This seems to stimulate the liver and act as a general metabolism activator of the enzymes on the individual cell level.
5. NUTRITIONAL SUPPLEMENT —— almonds. We use this to replace meat (Chapter VIII). Almonds are a very excellent quality protein. They should be taken as directed only, no more and no less, and at the exact time specified only.
6. NUTRITIONAL SUPPLEMENT —— A balanced amino acid – lipoid substance. Since cancer is often caused by an excessive intake of protein, this compound is essential to the Kelley Almond Diet in order to maintain proper amino acid content for cell and tissue building and repair.
7. NUTRITIONAL SUPPLEMENT —— A specially formulated concentrated pancreatic enzyme combination. This is the substance that is most often missing in the body of cancer cases. It is absolutely essential to stop the malignant growth and digest the tumor. (Taken at 3:30 AM and 2:30 PM).

All seven nutritional supplements must be taken until the protein metabolism urinalysis index or The Kelley Malignancy Index report drops to 0 K units. When this occurs the patient may discontinue all supplements except 1, 2 & 4. It is essential that supplements be taken as long as the index is positive. This is similar to taking insulin as long as the urine sugar is positive in diabetes.

It cannot be emphasized too strongly that after any malignancy is successfully treated and health restored, there must be an Index Test every six months.

Cancer is a deficiency disease – and just because you have a negative test once or even overcome one tumor, – it is no guarantee that you will not have another tumor. Proper balance must be maintained.

A person who has had cancer will always be susceptible and must keep constant vigilance. If at any time the free active pancreatic en-

zymes in the body fall below the amount that is necessary to keep the cancer cells digested, malignancy will always redevelop. Many people make the false assumption that just because their first protein metabolism evaluation test is negative they are free from cancer for life. This mistaken attitude has shortened the life of many.

Have YOUR Index Test every six months – and be sure.

CHAPTER VII

BODY DETOXICATION

In reality a person very rarely dies directly of cancer. As the malignant tumor grows it gives off waste products which must be eliminated through the colon, liver, kidneys, lungs, and skin. These waste products accumulate and gradually overburden the body. Most persons, then, die of toxemia.

We recommend that the patient give serious consideration to the detoxication process even before he starts the nutritional supplements mentioned in Chapter VI. It is absolutely imperative that he carefully follow the detoxication process after he starts destroying the cancer tissue with the supplements.

Before any disease can be cured the waste products and impurities must be cleansed from the body. The sooner this is accomplished the quicker the body can repair. This is particularly true of cancer and the following steps must be taken.

I. CLEANING THE COLON

A. *Purging* – Immediately upon rising take one tablespoonful of Epsom salts dissolved in a half glass of water. In thirty minutes repeat this. Repeat again in thirty minutes. (Three doses.)
The following alkalizing punch may be taken after two hours as you become hungry. One glass every hour, if desired.
Alkalizing Punch: Juice of 6 fresh lemons
12 oranges
6 grapefruit
place in gallon glass jar and fill with distilled water.
An orange or grapefruit may be eaten in the evening. The purge must be repeated for two additional days, or a total of three days.

During the purge the body may undergo some rather uncomfortable sensations such as nausea, headaches, cramps, and dizziness. This is a result of the cleansing. Poisons that have accumulated for years are suddenly dumped and this is quite a shock for the system. These sensations are temporary and will disappear when the poisons are finally removed from the body. Purging must be repeated every thirty days (once a month) for a year.

B. *Fasting* — After three days of purging a fast must be started. The fast should also last three days. We are now giving the body a rest and an opportunity to cleanse itself of much waste on the individual cell level. Some discomfort may also be experienced during the fast. Each day of the fast one quart of fresh carrot juice and one pint of celery juice should be taken, along with all the distilled water desired. It is best to dilute the fresh juice with equal parts distilled water.

It is important to remember that unless sufficient fluids are taken the poisons become concentrated and are not eliminated in the natural way.

C. *Enemas and Colonic Irrigations* — Starting the same day as the fast, a high enema should be given. Upon rising each morning, make a pot of coffee (1 quart). Allow it to come to room temperature. Use it for the morning enema. A coffee enema should be given every morning for one month; then twice a week for eight months. The coffee enema is very stimulating to the liver and is the greatest aid in eliminating its toxic poisons.

Each evening for the first two weeks a bacteria enema should be taken at bedtime. It is best to use yogurt, sour milk, or buttermilk (in order of preference). This should be diluted with distilled water until it will flow easily. Use about 1 quart of solution. (The bacteria enema should be repeated every time of purging or when antibiotics are taken.)

After this two-week period an evening enema should be given twice a week for one year. One quart of warm water with the juice of one lemon.

If colonic irrigations are available they should be given once a week for the first three months and occasionally after that depending upon the severity of the cancer condition. The advice of the doctor giving the colonic irrigation should be followed. In cases of extreme toxicity, a colonic irrigation with oxygen is essential. It should be given before the bacteria enemas.

The proper cleaning of the colon will do most to help the liver. This, along with the nutritional supplement, Lecithin, and proper diet should help attain good liver function. (One tablespoon of granular soy Lecithin should be taken three times a day — with meals for 1 year.)

II. CLEANING THE KIDNEYS

The kidneys filter approximately 4,000 quarts of blood daily. The wastes, largely urea, are eliminated and the acid/alkaline balance

is maintained. Plenty of liquids should be taken daily. The pharmaceutical diuretics may be taken, but natural diuretics are more desirable. There are many, but the one that works well for us is the juice of one lemon in a cup of hot water twice a day, mid-morning and mid-afternoon. This should be taken for several months, especially during the winter. In kidney disease the protein intake should be limited and extra vitamins and minerals taken (Supplement A).

III. CLEANING THE LUNGS

Life is dependent upon the adequate exchanges of gases in the lungs. The most significant is the removal of carbonic acid and the flow of oxygen into the blood. Many other impurities are given off by the lungs. Diet is very important, and the mucous forming foods should be avoided.

One thing that many people overlook is that of irrigating the nose each morning. This is best accomplished by sniffing water into the nose and then blowing it out. This should be repeated several times. Once the nose is cleansed, deep breathing should be started. For about 12 minutes each day one should breathe as deeply as possible in the fresh air.

IV. CLEANING THE SKIN

Many people overlook the skin as an organ and do not think of it as an organ of detoxication. Because of the great amount of accumulated poisons in the cancer victim, and the overload on the other systems, the skin must be used for detoxication. As this is utilized, all manner of eruptions, odors, colors, and blemishes will appear on the skin. These conditions will disappear as the body becomes purified.

We have found it best to take a hot shower each morning, using plenty of soap. The hair must be shampooed frequently. After the shower sit in a tub of water with one cup of apple cider vinegar added. This helps alkaline/acid balance. Then the skin should be rubbed briskly with a towel until a warm glow is felt.

Every fourth night the cancer victim should be rubbed from head to toe with a mixture of olive oil and castor oil in equal parts. Then a hot soaking bath for 15 minutes to allow the oil to penetrate. This is followed by going to bed under heavy covers for about one hour to sweat the poisons out. Then a cleansing shower is taken. This may be discontinued after three months.

V. EXERCISING

In almost every case of cancer, particularly those cases of long standing, the protein from the muscles has been used to maintain life. In other words protein metabolism has been so poor that the body had to take protein from the muscles and, to a very great degree, the muscles are destroyed.

After the cancer is destroyed, the muscles begin to rebuild. This takes approximately three years. If the muscles are exercised strenuously during this time hernias may develop. For this reason we have found it best to replace strenuous exercise with a brisk walk at least once a day for the three years following cancer therapy.

CHAPTER VIII

ALMOND DIET

About the year 424 B.C. Hippocrates, the father of modern medicine, made the statement, "Your food shall be your medicine and your medicine shall be your food." Try as we may, we have not been able to improve upon this basic truth. This is particularly true when it comes to the successful treatment of the cancer patient. At least 86% of all cancer conditions could be adequately treated and/or prevented by diet alone.

It never ceases to amaze one at the number of learned as well as ignorant persons who scoff when diet is mentioned. They all seem to believe that no matter what is placed into the body, by some magical process, it makes for perfect health. Yet these same people are very fastidious and concerned about what, how, and how much food is fed to their pedigreed dogs and cats, their registered cattle and horses. It is ironical that they cannot see that their own health is dependent upon a proper balanced nutritional process.

PROTEIN

We have maintained throughout this treatise that cancer is nothing more than a pancreatic enzyme deficiency. The greatest cause of this deficiency is the amount of second hand protein fed into the body. The pancreas just simply cannot manufacture enough enzymes to digest the large volumes of milk, cheese, meat, and peanuts we eat and have any enzymes left over to digest the foreign protein we know as cancer. *If people would not eat protein after 1:00 p.m., 83% of cancer in the United States could be eliminated.*

MEAT

The cancer victim will want to give up meat immediately, as it is the most harmful of all foods, and the very same enzymes which digest the foreign cancer cells are used to digest meat. All the natural self-made enzymes you can produce should be used to fight the cancer. Meat should be avoided for another reason, it has a high female sex hormone content. For commercial reasons most animals, especially beef and fowl, produced in the United States today have been fed large quantities of hormones. Since the female sex hormone is the

only starter or initiator of cancer, meat of this type should be excluded from the cancer patient's diet. When the protein metabolism urinalysis index or the Kelley Malignancy Index falls below 50 K units, meat may be used in the diet again.

MILK

The cancer victim will also want to give up milk in every form forever, except for yogurt or buttermilk. Milk, like meat, has too high a second hand protein content and requires too much of the pancreatic enzymes for digestion. An animal cannot produce milk unless the female sex hormones are unbalanced; this causes too many hormones in milk for the person who has cancer. It is advisable to take 4 ozs. of unpasteurized yogurt each morning for breakfast. This will supply the intestines with adequate helpful bacteria.

PEANUTS

The cancer victim will also want to give up peanuts. First, the peanut is not a nut, but a legume. Second, the peanut also has too much protein for the cancer patient. Third, it has recently been found that a fungus grows on peanuts which produces atlatoxin. Atlatoxin is used by cancer researchers to stimulate cancers in experimental animals.

PROTEIN TIMING

It is not only imperative that the correct kind and quantity of protein be given, but, of equal importance, it must be taken at a specific time. We have found that regular proteins should be taken at breakfast and lunch only. When this is strictly observed the pancreatic enzymes, used in digestion of protein, are used only about 6 hours. This leaves 18 hours for production of pancreatic enzymes to digest cancer tissue. If the average cancer patient is carefully observed, it will be noted he starts the day with protein (usually milk), then on and off all day eats nuts, has a large steak for dinner and finally a glass of milk, and/or a dish of ice cream at bedtime. It is almost impossible for the pancreas to produce enough enzymes under these conditions.

KELLEY ALMOND DIET

We call our diet the almond diet because the principal protein is almond and vegetable protein. The cancer victim should never give up all protein, as he might be tempted to when he first learns this principle. The pancreatic enzymes themselves are protein (amino acids), and unless the body is fed adequate protein, the pancreatic enzyme production will stop and the cancer tissue will make a very rapid growth. This total withdrawal from protein has been the fallacy of many cancer diets, such as the "Grape Cure." This is also the reason these diets have worked so well for the first few months – no protein – thus freeing the pancreatic enzymes to digest the cancer. Yet, over prolonged periods of total abstinence from protein the pancreas fails. Proper balance and regulated intake is the answer.

Raw almonds are a very good source of protein and should be used as directed: 10 almonds at breakfast and 10 almonds at lunch. This much and no more, only at the time indicated. Along with the remainder of the diet this amount will give adequate, but not excessive, protein.

Should you have difficulty chewing whole raw almonds, you may substitute two tablespoons of pure raw almond butter.[1]

VEGETABLE JUICES

The second most important phase of our cancer diet is that of raw fresh vegetable juices. At least one quart of carrot and one pint of celery juice must be taken each day. As much other fresh raw vegetable juice in volume may be taken as desired. One should consider alfalfa, beet, cabbage, cucumber, dandelion, endive, lettuce, parsley, potato, spinach, and turnip juice. Vegetable juices are the builders of the body. Juice is better than the whole vegetable because so much energy is used to digest the whole vegetable. Juice has a proper balance of vitamins and minerals in a concentrated solution. We recommend that the juice be made fresh at it is used. We use the Norwalk Juicer, the Acme Juicer, or the Champion Juicer, all of which are very efficient in juicing the vegetables.[2]

1. Hain Natural Raw Almond Butter, Hain Pure Food Company, Inc., Los Angeles, California; Hunza Natural Raw Almond Butter, Nutrifoods Company, P.O. Box 771, Sun Valley, California.

2. Norwalk Juicer: Norwalk Mfg. Co., P.O. Box N, St. George, Utah, 84770; Acme Juicer: Acme Mfg. Co., 10th and Leather, Lemoyne, Pa., 17043; Champion Juicer: Plastaket Mfg. Co., Lodi, California.

FRUIT AND FRUIT JUICES

Fresh raw fruit and fruit juices are the cleansers of the body. The cancer victim may eat as much as desired of the fresh raw fruit or the fresh fruit juices, so long as he takes the required amount of almonds, carrot and celery juice. Dried unsulfered fruit may also be taken.

FRESH RAW SALADS

The cancer victim may eat, in addition to his almonds, juice, and fruit, all the fresh raw salad he can hold. This is good for lunch or dinner meals. The body needs bulk and it is not necessary or desirable to live on juices alone. Raw salads are necessary to keep the digestive tract in good working order. A must for every cancer patient is Dr. N. W. Walker's book, *Diet and Salad Suggestions.*[1]

GOLDEN RULE OF CANCER DIET

The Golden Rule of Cancer Diet is TAKE NOTHING INTO THE BODY THAT HAS BEEN COOKED OR PROCESSED.

The juicer is the most important appliance in the kitchen of a cancer victim. If necessary sell the stove and buy a good juicer.

The enzymes in foods that have been cooked have been destroyed or changed into a different compound (amino acid). Cooked food can only be used as food and not as enzymes, for it has no life. For example, if you plant a raw potato it will grow. If you boil a potato and plant it, it will not grow, it will only rot. Most enzymes are destroyed at 107°F and all are destroyed at 140°F.

When a person eats anything processed he is not only eating "dead food," (those in which the enzymes have been destroyed), but he is adding a second very destructive force to his body, the destructive force of food preservatives. This may not be too significant for a normal healthy person, but for the cancer victim it may mean life or death. The liver must detoxify, destroy, or metabolize all foreign substances from the body. When one eats foods with preservatives, it adds an extra burden upon the liver which the cancer patient cannot accept.

1. *Diet and Salad Suggestions* and *Raw Vegetable Juices, What's Missing in Your Body?* by Dr. N. W. Walker. The Norwalk Press, P.O. Box 13206, Phoenix, Arizona 85002.

WHOLE GRAIN CEREAL

We have found that it is desirable in building the body to eat a mixture of raw whole grain cereals for breakfast each morning.[1]

Mix together well in a large container one pound of each of the following grains and nuts: wheat berries, buckwheat, rye, barley, oat groats, millet, sesame, brown rice, flax, corn (or popcorn), alfalfa, lentils, mung beans, and almonds. Store in refrigerator. Each night take three or four tablespoons of this mixture and grind it well in a seed mill,[2] and then just cover with cream or water. Allow to stand at room temperature overnight. In the morning add fruit and/or honey or black cherry concentrate[3] to your taste. This is to be eaten raw, not cooked, and should be continued for at least two years.

CONCENTRATED FOODS

White Flour — All concentrated foods are extremely hard on the liver and should be given up. White flour and all products containing white flour should be avoided. These not only are concentrated carbohydrates, but almost always have preservatives added.

Use fresh whole wheat bread, made from wheat grown free of all pesticides (another liver destroying chemical). We have found Arrowhead Mills[4] a reliable source for this wheat. Wheat should be ground fresh as needed, using a Lee Flour Mill.[5] The essential vitamins are oxidized within three days at room temperature; hence the need for grinding only as used. Freshly ground flour or freshly made whole wheat bread may be safely stored in a deep freeze for about a week. It is best, however, to use it within three days.

White Sugar — The cancer victim will also want to give up all white sugar and white sugar products. The concentrated carbohydrates are hard on the liver, but more important in relation to cancer, they are very hard on the pancreas. The pancreas, as noted earlier, is the first organ to be protected at all costs. White sugar has

1. Cereal Grains: The El Molina Mills, Alhambra, California.
2. Seed Mills: Coronation Seed Mill Grinder, Universal Distributors, 3838 Clarington Ave., Culver City, California, 90230. Miracle Mill, Miracle Juicers, Inc., 16 West 40 Street, New York, N.Y., 10018.
3. Nu Life Black Cherry Concentrate: Gides, Inc., Long Beach, California, 90813.
4. Arrowhead Mills, Hereford, Texas.
5. Lee Flour Mill: Lee Engineering Co., 2023 Wisconsin Ave., Milwaukee, Wis., 53201.

been processed (refined) and all the vital minerals are taken out. Cancer victims are always deficient in minerals.

For those who have a sweet tooth, these foods may be eaten as desired: dates, date sugar, figs, and raisins. Organically grown dates, date sugar, figs and raisins may be obtained from Mr. Lee Anderson's Covalda Date Co.[1] These are free of toxic pesticides and are not harmful to the pancreas or the liver. A cancer victim may also eat black strap molasses, pure maple syrup, or unpasteurized honey, in that order. The first two are preferable because they have a high mineral content.

Soy Products — Soy products, except Lecithin, should be used very sparingly for two reasons: first, the protein content is too high for the cancer victim; second, the soy products tend to upset the delicate acid/alkaline balance of the body. Eating soy products may be resumed when the protein metabolism urinalysis index or the KMI is below 50 K units.

Other Improper Foods — Lemon juice should replace vinegar altogether. Vinegar is too harsh on the delicate mucous membrane of the alimentary canal.

For the period of intensive detoxification and treatment, tea, coffee, soft drinks, chocolate, liquor, tobacco, pork, and white rice should be avoided. These also place additional stress upon the liver and pancreas as they are being detoxified.

1. P.O. Box 908, Coachella, California 92236.

CHAPTER IX

NEUROLOGICAL STIMULATION

While the body is being properly detoxified and nourished, the nerve supply to the pancreas and liver should be considered.

A specific organ works only when a nerve, chemical, or pressure stimulation tells it to. Upon taking careful histories, we found a number of cancer victims who had had blows to the head or spine. We feel that such experiences change the nerve impulses to the various organs. If pressure on a nerve to the pancreas causes it to cease sending impulses to the pancreas, the pancreas will turn off and wait until the nerve tells it to work again. If the nerve is destroyed or for some reason never sends a message, the pancreatic function will be greatly impaired.

Probably the best way to reactivate the nerve enervation is through some form of manipulative therapy such as osteopathic manipulation, chiropractic adjustments, or physiotherapy. We have found it advisable to have a weekly manipulative treatment for at least the first nine months of cancer treatment.

Neurological stimulation can sometimes be increased or simulated by chemotherapy, but this technique must be performed under the direction of a very highly skilled clinician.

There is a group of dentists who use a new method called Mandibular Equilibration to re-shape the skull, take stresses from the brain, and in this way effect very profound neurological changes.[1]

1. Dr. W. B. May, 7131 Prospect Place, N.E., Albuquerque, New Mexico, 87110.

CHAPTER X

SPIRITUAL ATTITUDE

If your cancer has caused you to stop, think, pray, and know God better, it has been a blessing to you.

If your cancer has caused you to realize the importance and magnificence of this temple wherein your soul dwells, you have been doubly blessed.

If your cancer has caused you to look within and ask the Christ to dwell within you, you have been thrice blessed.

Often physical infirmities come to us for such a purpose. This was true in my own case. The still, small voice within spoke out to guide and teach this Child of God.

Not all who have cancer will overcome the condition. Many will not believe that such a simple treatment will work. Many will not have the opportunity to hear about and try the procedure. Many will come too late with a temple (body) too weak to respond. But, I pray with all of you my friends, that you will learn a beautiful lesson and learn it well. I did.

There are four young children in my home. God has many millions in His Kingdom.

Each morning (by car) I take my children to their school (elementary). Each morning (by birth) God takes his children to their school (earth). Each evening (by school bus) my children come home. Each evening (by death) God brings His children home (Heaven).

Each evening and night I enjoy and have fun with my children. They rest and learn of love and the many things I have come to teach them. Each evening God enjoys His children. They rest and learn of love and the many things The Father has to teach them.

The next morning I dress my children in a new dress and take them to school again. The next morning God dresses his children in a new body and takes them to school (earth) again.

Occasionally, I want my children to go with me for a special treat, so I take them out of school early. Sometimes God wants his children to go with him for a special treat, so he takes them out of school early. Often this seems very unfair, but it doesn't really matter—we return them to school the next day, more enriched than before.

Sometimes my children have difficult lessons to learn. Sometimes God's children have difficult lessons to learn.

Sometimes my children fail to learn their lesson. I make them repeat it. Sometimes God's children fail to learn their lesson. God makes them repeat it. This is for their own good.

When my children are in the sixth grade they have forgotten the steps in learning to read, but they remember the principle very well. When God's children are in this embodiment (lifetime) they do not remember their earlier embodiments (lifetimes), but they remember the principles that God would have them know — love, faith, hope, service, etc.

Each of my children is in a different grade in school: each doing the best she can. I will not allow any one to criticise or condemn another. They are encouraged to be kind and loving to one another.

Each of God's children is in an experience in their school (earth): each doing the very best he can. Jesus said, "Judge not, that ye be not judged" (7 Matthew 1); "This is my commandment, That ye love one another, as I have loved you." (15 St. John 12.)

Some day my children will learn all the lessons of their school and they will go on to have homes of their own. Some day God's children will have learned all the lessons in their school (some sooner than others) and will go on to rule with Christ.

Yes, I believe in incarnation and re-embodiment. Is it not God's plan? Is it not taught in the Holy Scriptures?[1]

If your cancer has taught you spiritual truths, you have gained much. I pray with you and for you that at this point you have come to the realization that your spiritual decision to get well or not to get well is your own responsibility. If you decide to go home early, rejoice, for the Father prepares a place for you. Those of you who have loved ones who have made this decision, rejoice with them and send them on their way into God's care.

If you decide to stay in school a little longer, this is also good and it should now be easier. If you are to operate as a perfect being, in perfect health, then you must have a perfect attitude. You must become aware of the spiritual power within that is greater than yourself — the still small voice within.

If you are one of the many millions of people who have been told that you have cancer and that your days are numbered, then it is you who must be interested enough to seek out the truth of your condi-

1. *Many Mansions* and *The World Within* by Gina Germinara, Wm. Sloane Associates, N.Y., and, *Many Lifetimes* by Kelsey and Grant, Doubleday Co. Inc., Garden City, N.Y.

tion. You have read many things in this treatise which bring new thinking to a very old disease.

Since we are dealing with the Ecological approach to cancer, we must consider not only the physical, but also the mental and spiritual laws of God. We need help from those around us as well as from the Godpower within to reverse our thinking, and attain that balance which creates a healthy physical being.

As stated in previous chapters, half measures will avail you nothing. You are at the point where you must ask God for guidance. These are the steps which are suggested as a method of spiritual recovery:

1. Accept the fact that you are afflicted with a symptom (malignant cancer) and that recovery is possible.
2. Establish a faith in a power greater than yourself and know that with His help you can regain health and harmony.
3. Make the decision to turn your will and your life over to the care of God.
4. Conduct a complete self-analysis to better understand your own emotions.
5. Admit to God, to yourself, and to others the exact nature of what you find to be your shortcomings.
6. Be willing to give up what you are doing wrong.
7. Seek through prayer and meditation to improve your conscious contact with God. Pray only for knowledge of His will for you and the strength to carry that out.

Having had a spiritual awakening as a result of this action, practice these principles in your every thought.

Just as the body must be purged and cleansed, so must the emotions and spirit be purified. This is a comparatively simple task to accomplish, but do not lull yourself into believing that it is an easy task. Rigorous self discipline and the ability to grasp and develop a manner of living with complete honesty in all of your actions and thoughts are necessary.

You must become strong willed to be a winner in accomplishing that which you set out to do for yourself. You will look for all the good in everything and refuse to accept any negation.

CHAPTER XI

CONCLUSION

First, one should make every effort to include his physician in his cancer treatment program, or find a physician sympathetic toward this new-found information. The physician has many patients who suffer needlessly, and you may help others who are similarly afflicted. If such a physician is not available, remember the first law of life is self preservation, and in the long run each individual is responsible for his own health.

Cancer is basically nothing more than a type of placenta growing at the wrong place and time in the body, due to the lack of free, active pancreatic enzymes. The lack of free pancreatic enzymes can be caused by failure of the pancreas to produce, over production of anti-pancreatic enzyme factors, or the failure to include adequate co-enzymes and minerals in the diet, or the excessive intake of protein in the diet. This last is probably the most significant cause.

The successful treatment of cancer involves two basic principles: stop the growth of the tumor; dissolve the tumor at such a rate that death from toxemia will not result.

This treatment is accomplished by:

1. Understanding what cancer is, taking a positive spiritual attitude of optimism toward it.
2. Determining positively if cancer is present.
3. Taking sufficient nutritional supplements.
4. Proper detoxication of the body.
5. Maintaining an adequate, proper, well balanced diet.
6. Providing proper neurological stimulation.

CHAPTER XII

THE RISE OF THE CANCER

scar so much as I was to have had. My intestines were so badly eaten by cancer that I was in constant pain. I will have the scars for a long time to come.

THE ROAD TO RECOVERY

When I finally worked out the total therapy program, I thought everything would be wonderful and I would recover without any difficulties. But I had still another lesson to learn. Recovery can be worse than the disease itself. I not only had to destroy the cancer but had to rebuild a badly shattered body.

As the cancer is absorbed by the body, it overloads the blood and liver with toxic poisons, making you feel "groopy" sick. This, for me, lasted about eight months after the cancer growth was stopped. All the while the mental depression remains and the diet leaves much to be desired. You have been accustomed to all the tasty "junk" and it is very hard to give it up forever.

As you begin to get over the "groopy" sick feeling, you will notice you have a good day when you feel wonderful, then several bad days when you feel "groopy" sick again. You enjoy the good days so much the bad ones seem much worse than they really are. Now you can realize how very sick you have been.

About the time you are having a few more good days than bad, you start having muscle cramps, very bad ones. This condition goes on for about nine months while you are rebuilding the muscle protein which was taken out of the tissue during the early stages of the cancer. This stage is similar to the growing pains you experienced as a teen-ager.

There is a pot of gold at the end of the rainbow - your good health. If all of the steps have been faithfully carried out your body is in better condition than you have ever been in before. You will be tempted many times to go back to your old ways, and many do, but good health is such a wonderful thing you should not yield to these temptations. I trust you have learned your lessons well.

AN OUNCE OF PREVENTION

Many people, especially smokers, have asked me, "What can I do to keep from having cancer?" Eighty-eight per cent of the times it can be prevented by three simple rules.

1. Eat no meat, milk, or peanuts after 1:00 p.m. and follow the diet outlined in Chapter VIII.
2. Take 4 nutritional supplement 7 tablets every day at 3:30 p.m.
3. Take 1 tablespoon of blackstrap molasses with the evening meal.

Twelve percent of cancer in the United States in 1968 is of a functional disorder and would require careful clinical study and treatment procedures.

SUPPLEMENT A

TABLE A

CAUSE OF MALIGNANCY*
In the United States in 1968

DIETARY	83%	Intake of too much protein
INJURY	10%	Blows to the head, ill-fitting dentures, whiplash, twisted spines, chemicals or other elements that turn off the pancreas.
Cranial	(4%)	
Dental	(3%)	
Spinal	(1.9%)	
Other	(1.1%)	
MALFUNCTION	7%	Lack of minerals or vitamins or their proper utilization; emotional stress; obstructed pancreatic duct; etc.

*Three principles are involved here:
1. Overworking the pancreas.
2. Turning off the pancreas.
3. Not utilizing the pancreatic enzymes.

A NEW CONCEPT OF CANCER*

I would like to share with you a concept of physiology and ecology in cancer. In order for you to comprehend my concept of cancer – let me give you a little background by reviewing with you Pellagra and Diabetes. For years, patients were placed in insane asylums because they had the simple deficiency disease called Pellagra. Even as far back as 1916 Dr. Joseph Goldberger found that diet could prevent this condition, but it was not until the 1940's that it was discovered that Pellagra was nothing more than a simple vitamin B deficiency. Now, no knowedgeable physician would commit such a patient – but rather give him the B vitamins.

But what is Pellagra? It is just a symptom of a general systemic condition. For centuries only the symptoms were treated – now we know better.

Let us go to diabetes. What is diabetes? It is nothing more than a symptom. A symptom that tells us that our systemic carbohydrate (or sugar) metabolism is not functioning properly. Before insulin the great physicians wrung their hands and stood helpless.

What is CANCER then? It is nothing more than a symptom of a systemic condition. It is a symptom of inadequate and deficient protein metabolism. The real problem is PROTEIN METABOLISM – not cancer. Cancer is only a symptom telling those who would listen that their protein metabolism is in very serious trouble.

Let us not be hypocrites! It is so easy to condemn our medical profession – and rightly so. Of all the people in the world who should understand physiology and ecology – they should – but they do not.

When the unorthodox methods are used they are no better – they are doing not one whit better. Those who treat cancer with Laetrile, Koch, Krebiozen, etc. are only treating the symptom Cancer – not the disease – INADEQUATE PROTEIN METABOLISM. The physician whom we criticize, uses surgery, radiation, and chemical therapy. He also treats the symptom Cancer – not the disease – INADEQUATE PROTEIN METABOLISM. So let us not be hypocrites. Let us look at ourselves – let us find truth. Let us forget the "orthodox methods" and the "unorthodox methods". Let us accept the true law or principle of Cancer. Let us work this law so well and accomplish such profound results in every case that the orthodox and the unorthodox methods will soon be so outmoded we will laugh at ourselves and

*A speech by Dr. W. D. Kelley given to numerous health food groups.

say, "how primitive we were last year".

THE LAW OF CANCER

Cancer is nothing more than the symptom of protein metabolism malfunction. Any way we slice it, this pie is nothing more than a simple deficiency disease. But to successfully correct this condition one must approach it from the physiological and ecological points of view.

You can not have cancer unless three factors are present.

1. The presence of an ectopic germ cell.
2. The stimulating presence of the female sex hormone.
3. A deficiency of active pancreatic enzymes.

In my limited study of cancer I first had to develop a measuring device - a clinical test to determine the presence or absence of cancer - its growth rate - its absorption rate - and its approximate age. With my concept that cancer is a protein metabolism malfunction, we had a new basis for developing a new test. The Protein Metabolism Evaluation Index is a urine examination we developed and used to continue our studies. By trial and error the following things could be adequately determined:

1. The proper diet
2. The proper protein intake
3. The proper protein timing
4. The proper nutritional supplements needed
5. The proper dosage of these nutritional supplements
6. The proper timing of the nutritional supplements and diet

PHYSIOLOGY OF CANCER

With these facts at hand the physiology of Cancer was very evident and follows a definite pattern. We observed:

First – for one of three reasons the body fails to produce an adequate amount of active pancreatic enzymes.

a. 83% overworking the pancreas by intake of too much protein.
b. 10% neurological injury to pancreatic enzyme production
c. 7% malfunction of body chemistry inactivating the enzymes.

Second – Our test indicates that in 93% of all cancer cases this is a gradual malfunction. The average cancer patient has had cancer 39 months before it is clinically diagnosed. The important factor here is not that it is a slow growing thing – but rather what is happening to

the body during this growth time - and this is tragic. The body must have protein to live, but during this 39 months the body could not get enough protein from its food supply. So, it very gradually and generally evenly starts to sapping or destroying the muscle system to keep the blood protein at a minimal level to sustain life.

Third - now the conditions are ripe for the symptom Cancer to develop. All that is needed - something to stimulate the female sex hormone formation at the site of a misplaced ectopic germ cell. This is most often done by scar formation - such as a blow, bruise, a drop of tar in the lung, a sun-burn, an overdose of x-ray, or anything else that can cause the natural, normal scar formation procedure to take place in the body at the site of a latent ectopic germ cell. This normal thing happens to each of us each day - it is only when our protein metabolism is deficient that the symptom Cancer develops.

Now the ectopic germ cell thinks it is time to have a baby and starts growing a placenta (CANCER) in preparation for a baby that never develops. The only trouble is - this placenta just keeps on growing and will not stop. When the patient finally consults the physician he announces the condition of cancer and recommends surgery.

In the fourth step of cancer physiology one of two things happen:

a. The first thing that can happen, the cancer grows until it destroys the body. The only question here is when. Up until now, mostly by accident of ecology one person will last a long time and another person will go rapidly.

b. The second thing that can happen, also by accident of ecology, in a few cases, the right combination of circumstances occur and the cancer is dissolved or "cured".

ECOLOGY OF CANCER

Having briefly and crudely considered physiology in cancer, let us look into the ecology of cancer. Ecology in cancer is essentially the total environment in which the cancer victim finds himself. The physical condition the body has deteriorated into - the spiritual outlook - the mental state he finds himself. He must take into consideration the air he breathes - the food he eats - the fluids he drinks - the sounds he hears - the emotions he feels - the light he sees - the church he attends - the vocation in which he is employed - his past memory patterns - his childhood - his dreams, ambitions and goals of life. In ecology the total, whole, or complete man is taken into consideration. His physical, mental, emotional, and spiritual beings are consid-

cred in light of his total environment NOW.

By approaching the cancer victim ecologically it is quite a simple matter to successfully guide the treatment of a malignant condition. It is only the things that are not understood that lead to fear and present themselves as problems. For example, anyone guiding the treatment of leukemia who cannot successfully reverse the condition in less than a week does not know the first thing about cancer or the law of cancer.

We have prepared a little booklet entitled ONE ANSWER TO CANCER or **An ecological approach to the successful treatment of malignancy**, which gives in detail a method to properly adapt to inadequate protein metabolism and eliminate the symptom CANCER.

This booklet points out the basic steps in the ecology of Cancer.

1. The cancer victim must take the responsibility for his own treatment. The medical and related professions are in such a chaotic state of confusion, they can give very little help.
2. The cancer victim must determine if he has or has not a malignant condition.
3. The cancer victim must have a beautiful spiritual outlook and faith that this simple deficiency condition is being corrected in himself now and with ease.
4. The cancer victim must follow a carefully regulated program to detoxify the body.
5. The cancer victim must follow a carefully selected diet that is based upon an understanding of the physiology of cancer.
6. The cancer victim must give his body adequate time to rebuild itself.

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"*AN ECOLOGICAL APPROACH TO THE SUCCESSFUL TREATMENT OF MALIGNANCY* expresses the only theory of cancer I know, that adequately explains the successes and failures of all other attempts to treat cancer from radical surgery to faith healing."